

An Alternative Addictions Program

Total Freedom



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Mission Statement

Since 1999, individuals have been welcomed into our family, and for the first phase of our program, they go through deliverance, healing, and spiritual warfare training. As freedom takes its course, the training continues as employment opportunities begin. Financial training begins with accountability and responsibility of maintaining a savings account and contributions to household needs and responsibilities.

The Bible is our source of all truth, guided by the Spirit of Truth. Our staff is well educated and trained and has experienced the clutches of addiction to assist others with the same struggles. Freedom is learned, and trust is earned here on campus.

Total Freedom is the outstretched hand of love, compassion, truth, and healing to all men and women who have been taken captive by addiction. We are dedicated to fighting for the individual's freedom to the end. Addiction is a spiritual battle with a physical manifestation.



Our Focus

Total Freedom deals with issues in an individual's life, from anger to addictions, on an individual basis. We believe that the actions of the past affect the present and the present actions affect the future of an individual's life. Here at Total Freedom, we believe that healing takes place with intentionality, which is why there are Four Objectives we focus on:

1. **Overcoming denial**, teaching the origin of drugs and the importance of a disciplined life.
2. **Comprehension** between the tangible and spiritual world, dealing with inner healing from anger, rejection, guilt, fear and bitterness.
3. **Breaking free** from the ties of the past associated with people, places and things, and learning the weapons to fight addiction.
4. **Becoming accountable** to someone and God, providing restitution to those affected, taking a place in society and becoming a productive member.



Living Quarters



We have two houses for our residents currently in the program. One is for men, the other for women.

Our Guy's house is a five-bedroom home with three bathrooms. We have a room for the house manager (a graduate of the program – as well as someone who has voluntarily stayed on-premises to aid with new residents coming in). Three bedrooms that are two to a room and one four-man room. Our residents in the four-person room will be on bunk beds, so please apprise us of any physical situations before arrival. Each resident will have a bed, dresser space, and a portion of a closet for their belongings.

Our Women's House can fit up to ten women. We generally keep enrollment at two per room. However, three rooms are spacious and can fit an additional bed if needed. Our lady's house has a common area, outdoor fire pit, garden, and job placement opportunities on site.

Accountability / Transition House: This house is specifically for Men who have completed the nine months residency but have opted to reside and stay living on our campus for accountability purposes. They weekly contribute \$145.00 and split utilities. We have a private apartment upstairs that can be entered into from a separate staircase.



Daily Schedule



Our schedule here at Total Freedom is subject to change daily. However, we do have a generalized plan of what takes place for a resident while enrolled here.

During our program's first 3-4 months, our residents undergo biblical studies in a classroom setting to help identify the spiritual roots of addiction. These studies help to understand why an individual may relapse and continue down the destructive path they have been on.

- 6:00 – 8:30 Morning prayer, breakfast, and corporate prayer
- 8:30 – 12:00 Classroom Studies (memorization, notes, quizzes, final exam).
- 12:00 – 1:00 Lunch Break
- 1:00 – 4:30 Classroom Studies (memorization, notes, quizzes, final exam).
- 5:00 – 7:30 Dinner, Corporate Prayer, Chores
- 7:30 – 10:00 Evening Activities (Prayer Meetings, In-House Teachings, Bible Studies, Church, etc.)

After our residents undergo the classroom settings and activities, they can seek employment. Once employment is obtained, there is a slight difference in the daily schedule, but that is about it.

Frequently Asked Questions

What Is Your Success Rate?

We believe success depends on the individual's desire for change and a new life. Aftercare is essential for the successful completion of our program.

How Soon Until You Get A Job?

Employment is also contingent on the individual. Once the first phase is completed, the individual may seek employment. Phase one completion is case by case.

Do You Take Residents Out On Bond?

Clients out on Bond, ROR, or PTR must be paying residents (\$125.00 weekly). At times there are extenuating circumstances we are willing to work with.

How Soon Until I Can Contact My Family?

We have an initial two-week no-contact period. After two weeks, residents can have Sunday visitation. They are permitted to make two outgoing phone calls for 15 minutes each and to send one outgoing letter to family members only.

How Much Does The Program Cost?

There is no cost to those who are indigent (unable to afford treatment). If someone wants to do our 90-day program, there is a flat rate cost (will be discussed upon phone interview).

Do You Allow Medication?

We do not permit mental health medication, non-narcotics, Vivitrol, Suboxone, Subutex, Bupropion, or mood- stabilizers while at our facility. Health-related medication is allowed case by case.

Do You Take Couples?

We do not permit couples to enroll together at our facility. We have another Total Freedom in NY where we can help to coordinate entrance for the spouse or significant other looking for treatment.

Do You Allow Relationships While In The Program?

We do not permit relationships outside of marriage while at our facility. If we find any of our residents fraternizing, it's grounds for immediate termination from the program.

Application for Residency.

PLEASE FILL THIS OUT IN ITS ENTIRETY - FAX IT TO 407-656-9221

Name:

Date:

Referral Source:

Age:

DOB:

Race:

Sex:

Approx. Height:

Approx. Weight:

Sexual Preference:

Full Address (Please Include: City, State, and Zip):

Phone #:

Are you a U.S. Citizen?:

Do you have a SSC?

Do You Have an ID - is it Valid?:

Marital Status? - Single / Married / Divorced / Widowed / In a Relationship:

Children - Yes or No? - How Many?:

How much do you pay weekly for Child Support?:

Highest Level of Education:

Trade or work experience:

Application for Residency cont.

Can you read and write English:

Do you receive any types of Government benefits?:

Emergency Contact Info.:

Are there any medical conditions we should know about:

Please list any current medication (including non-narcotics, i.e., antidepressants, sleep aids, mood stabilizers, etc.)

Severe, chronic, current illness or disability - or any physical problems that hinder you from working:

Have you ever been diagnosed with Bipolar, manic depressant, schizophrenia/ or any other mental disorders? If so, please explain:

Addiction History (please include start age, drug of choice, and date of last use):

Are there any current criminal charges you are facing? - if so please explain and include case #'s:

Have you faced Criminal Charges in the past?:

Are you a registered sex offender or predator? (Please note that this will make you ineligible for our program):

Please give us an overview of your background in regard to church and any denomination you might have been raised in:

Application for Residency cont.

Please Circle Y or N - to comply with our regulations, please note: this portion of the program application must be completed as well.

1. Do not assume anything. If you have a question, ask it: Y N
2. Be willing to do whatever it takes to get free and stay free: Y N
3. Observe proper language at all times. No war stories (stories of the past): Y N
4. Submit to all authority and respect one another in all things: Y N
5. Be willing to commit to a minimum of 9 months residential with a one-year aftercare (attendance of two functions or services per week). Please note: If you're court-ordered, aftercare is mandatory: Y N
6. Be willing to give your all, with complete 100% honesty: Y N
7. Follow all guidelines posted in the house and given by the elders: Y N
8. Do not borrow from others without permission from the office: Y N
9. Do not pursue relationships with the opposite sex (marriages excluded) -No same sex relationships or marriages permitted: Y N
10. Attend, be on time, sit up, be prepared, take notes, and participate at every function and class: Y N
11. No food or drink during teachings or class: Y N
12. Do not have in your possessions: Cigarettes, Alcohol, Illegal Drugs, Prescription Medication (unless approved by staff), unauthorized magazines/books, secular music, or any clothing or items that have alcohol, cigarette, or other demonic logos or sayings: Y N
13. Be willing to move to any house on the campus at any time, as directed by the staff: Y N
14. Do not participate with drugs, cigarettes, sexual reading or activity, fighting, threats of violence, stealing & gambling, etc. on or off campus: Y N
15. Do not leave campus without permission from an elder. If you leave and do not come back within 24 hours to collect your belongings, Total Freedom will no longer be responsible for them. You will lose all possessions and savings: Y N
16. Complete all assignments and house duties on time: Y N
17. Keep bedroom clean and house in order: Y N
18. Do not watch T.V. or use the telephone unless approved by an elder: Y N
19. After about 3-4 months, you will be eligible to find employment. Once employed you are required to contribute \$145.00 a week as a contribution to the ministry. If you've been a previous resident, you will have to contribute \$150.00 a week for contribution to the ministry. Also, 10% of your gross pay will be submitted as an offering to True Ministries Church. You must maintain a \$600.00 balance in your savings account; grocery, transportation, and medical costs may be taken out as required: Y N
20. Waive all rights to pursue any legal action against Total Freedom, True Ministries, Vine of Life Ministries, or any staff/personnel associated with our organization. We are not responsible for any accident or injury you may sustain while enrolled in our program. Y N
21. If you do not complete the program, you will be charged \$145 per week for the first couple of months until you've obtained employment and started to contribute financially. Upon leaving/removal, that amount will be deducted from the overall amount in your account. Y N

Application for Residency cont.

Please Circle Y or N - to comply with our regulations; please note: this portion of the program application must be completed as well.

22. Failure to comply with this contract can result in disciplinary action, restriction, fine, or termination from the program. Y N

23. Why do you want this program?

24. Signing here means that you've filled out the application 100% on your own and have had no assistance in doing so. Please Note: this is part of how we determine if an individual is eligible for the program, we will not consider this a valid application unless filled out by the applicant themselves.

25. Signing here means that you've read and will cooperate with all stipulations pertaining to our program listed on this application.

What to Bring Upon Admission



So, this is not case by case; this is an across-the-board list of what you can and cannot bring while here:

Items Permitted:

Clothing/shoes / accessories/toiletries (excluding ones with alcohol) / pictures of family members only / pillows/sheets / makeup (for the ladies)

Items not permitted (please do not bring them, or we will have to make arrangements to send them back home to your families):

Electronic devices/contraband (this gets disposed of) / pictures of non-family members / Items containing alcohol/reading material/hobbies (i.e., instruments/sports equipment) / and the like.